



TWC SITE CHANGING ROOM GUIDELINES

The following guidance has been established to protect adults and children who use the club changing rooms. It should be followed by all members and visitors when using the changing facilities. With five clubs on site we recognise that there are challenges with shared changing room facilities and it is important for everyone to be aware of these guidelines.

- The guidance will be advertised to all members and displayed in the changing rooms
- Everybody involved in sport has a duty of care to safeguard and protect children and adults. Members should report concerns or breaches of the guidance to their club welfare officers
- Parents of U18's must agree to the Changing Room Guidance when joining /renewing membership and be made aware they are mixed age group usage.
- Event organisers are responsible for communicating to visiting clubs that the changing rooms are mixed age group usage and that participants must abide by these guidelines. Visiting clubs are responsible for the safeguarding of their U18 competitors whilst on site.
- Where possible avoid one adult being alone in the changing room when U18s are present. U18's should avoid being alone in the changing room when adults are present.
- When U18's are present in the changing rooms, adults members are advised to be respectful when showering eg using the shower curtains and walking back to their bag in a towel.
- Parents of U18's are allowed to supervise their child (of the same gender) whilst in the changing rooms.
- Children under the age of 10 must be supervised either by the presence of two adult members or their parent for their own safety.
- Schools must provide supervision of their pupils in the changing rooms in line with their school policy and our guidelines.
- Members with a disability should be involved in discussion with coaches and their carers in deciding how, if applicable, they wish to be assisted to change and ensure they provide full consent to any support or assistance required. Independent disabled changing room facilities are available on the island.

- If an adult or child identifies as a gender different from that assigned at birth, the Club will liaise respectfully with the individual and/or their parent/guardian to accommodate reasonable adjustments, balancing the needs and privacy of all users.
- Once changed members must leave the changing room and not sit around talking and eating

**Mobile phones, cameras or any other recording devices
must not be used in the changing room at any time**

9th July 2026