



Royal Canoe Club Newsletter

August/September 2025

Edition

The long, hot, dry summer has finally come to an end, and the weather is turning cooler, windier and very much wetter. So, please take care when going out paddling in adverse conditions. Nights are also drawing in so please follow club rules regarding paddling at night. Below is an update from the RCC committee meeting held on 9th September.

Wednesday 10k time trial

It is hoped to keep the Wednesday evening time trial going each week until the clocks go forward but the evenings are becoming darker earlier, of course. Please check with coaches and on the Facebook members' page to find out if times of the 10k will be changing or finishing until next Spring. Don't forget dinner is also available in the clubhouse every Wednesday but please remember to book on the club members' Facebook page or by email to guarantee a meal and help us with numbers.

Winter Gym Schedules

Included with this newsletter, for your information, are copies of the Winter schedules for the Wells room, Paul Gilbert gym and the Marquee. Also included is the Adverse Conditions Plan for using the indoor training facilities on site. Please keep copies of all documents and always adhere to.

Paddling Challenge

The oldest canoe race in the world takes place at the clubhouse on Saturday 11th October with K1s racing over 10k to win the oldest canoeing trophy in the world. There is also a veteran's class and a junior 5k race. Please check on Facebook members page and on your emails for further details.



Club Successes

A busy summer and, again, lots of brilliant results.

Tewkesbury Hasler – Marco Mangiantini 1st Div 4 K2

Hurley Hasler – Edward Luckett 2nd Div 7 K1

Miles Barker 2nd Div 9 K1

Medway Marathon – Tris Turner & James Russell 1st Men's B K2

Richmond Hasler – Ryan Lark 1st Div 1 K1

Ross McMullen 2nd Div 1 K1

Adrianna de Bilio 2nd Div 5 K1

Natalie Day 1st Div 7 K1

Lloyd Camp 3rd Div 7 K1

Miles Barker 3rd Div 8 K1

Henry Pitt – 1st Div 2 K2

Jocelyn and Bernice King 1st Div 6 K2

Felix May and Henry Jennings 1st Div 9 K2

Daniel Crossland and Harry Tyas 3rd Div 9 K2



Royal finished 13th at the MacGregor Inter Club Regatta earlier this month at Nottingham. A great result considering how few paddlers we had compared to many other clubs. Special mentions go to Louis Tanner, who was promoted to Boys C and to Chloe Kemp, who was promoted to Girls C.



Well done to everyone! Fantastic results.

National Marathon Championships

These took place at Norwich on 25th July and Elise Montagna finished 3rd in the Senior Female K2; Henry Pitt came 2nd in the U16 Boys K1 and won gold in the U16 Boys K2. Congratulations Henry – National Champion!

World Marathon Championships

These took place in Gyor, Hungary and Dianora de Bilio won the bronze medal in the Junior Women long course K1. Many congratulations, Dianora, on a marvellous achievement!



Sella Descent

Every year, in early August, the town of Ribadesella in Northern Spain holds a fiesta to celebrate the descent by kayak or canoe of the River Sella. Paddlers from all over the world take part in the 20k race, which starts with a Le Mans style running sprint from the riverbank carrying your boat into the river. This year Royal was represented by Jack Carter K1, Andy Birch and James Russell K2, Tris Turner and Graham O'Regan K2, with Tris and Graham coming 3rd in the Veteran Men's K2 class. Well done everyone! I'm sure you all enjoyed yourselves; it certainly is a unique event.



Ryan Lark

We are sorry to see Ryan (Scooby) Lark, our coaching manager, leaving the post to pursue opportunities elsewhere and we had a special goodbye presentation at the club night on 3rd



September when Ryan was presented with many gifts to show everyone's appreciation. All best wishes in your new career, Ryan!

Aaron Nolan

We welcome Aaron Nolan, our new part-time assistant coach, to the club. Aaron has already been busy organising sessions for juniors, and it is hoped that he will be joined by a replacement for Ryan in the near future. Please give Aaron as much support as possible in this interim period.

Dates for your Diary

2025 Hasler Final at Worcester – Sunday 5th October

Royal Paddling Challenge – Saturday 11th October

Club Awards Evening – Wednesday 5th November

Royal 10@10 – Sunday 23rd November

Christmas Parties – Saturday 6th December